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IN THIS ISSUE

***Report: on the 26th MLAVS
Congress- Ayia Napa, CYPRUS.
*Future MLAVS Meetings.**



Fig 1: Ayia Napa, Cyprus

HOME PAGE OF MLAVS WEB SITE:

*INFORMATION
*NEWS
*CONGRESSES
*MULTICENTRE STUDIES
HOME PAGE – WWW.mlavs.org

NEWS IN ANGIOLOGY AND
VASCULAR SURGERY IN THE MEDITERRANEAN REGION

The 26th Mediterranean Congress of Angiology and Vascular Surgery was programmed to take place in Ayia Napa Cyprus on the 29-31 of October 2016, but finally it was cancelled. According to the President of MLAVS Prof N. Angelides “ Although the congress program and the 2d announcement were almost ready, some major Pharmaceutical Companies suddenly cancelled their participation, while in parallel the actual number of prepaid participants was very small. Weaning the probabilities of the number of future registrations, to the final expenses, it was obvious that all were against the continuation of the Congress. Already, the financial balance was seriously on negative site and the deficit was expected to increase tremendously. For this reasons the organising Committee and the organising Office reached the unhappy decision to cancel the Congress, to return the money that had been collected from the few registrations and to cover the expenses from our pocket.” He added “most of the summaries were almost collected and the final program was prepared.” His intention, is either to publish them in the form of a Book of Abstracts or to enter them all in the MLAVS web page.



Fig 2: The venue of the 26th MLAVS Congress



Fig 3: The annex to the venue hotel also booked for the Congress



Fig 4: The magnificent seashore



Fig 5: A panoramic view of the venue's area



Fig 6: A different environment at the end of the beach

The scientific program had as follows:

SATURDAY 29/10/2016

ROOM A

LECTURES:

15:00-15:30 The centennial of Heparin. J. FAREED (USA)

15:30-16:00 Interest and limits of the NOACS. CL. ALLEGRA (Italy)

16:00-16:30 From varicose veins to superficial and deep venous thrombosis. P. POREDOS (Slovenia)

16:30-17:00 Microcirculation in Raynaud's Phenomenon and beyond. P. CARPENTIER (France).

ROOM B

16:00-18:00 WORKSHOP ON PRINCIPLES AND PRACTICE OF AIR-PLETHYSMOGRAPHY

E. KALODIKI (United Kingdom), CH. LATTIMER (United Kingdom)

Both are well known researchers in vascular laboratory techniques.

Air-Plethysmography (APG) is a simple, portable, non-invasive, dynamic test that quantifies changes of venous volume at the calf.

Participants will receive a demonstration of the five main parameters that APG measures.

OPENING CEREMONY (ROOM A)

17:00-18:00 OFFICIAL ADDRESSES

*President MLAVS

*President IUA

*President Medical Association Famagusta

*President Pancyprian Medical Association

*Representative of Cyprus Tourist Association

*Minister of Health.

18:30-19:00 CYPRUS AT A GLANCE
TITINA LOIZIDES (Cyprus)

19:00-21:00 WELCOMING COCTAIL



Fig 7:The golden sandy beaches of The non-occupied Famagusta district gently embrace the eastern corner of the island and are considered one the main assets of the popular holiday resorts of Ayia Napa. Safe, shallow, calm and crystal clear waters have made this coastline a true paradise for sea and water sport lovers.



Fig 8: Extraordinary scenery

18.00-18.30 BALAS LECTURE :
Pharmaco-and stem-cell therapy for
non- constructible critical limb
Ischaemia. E. HUSSEIN (Egypt)



Fig 9: Another special scenery

SUNDAY 30/10/2016

ROOM A

**08:30-10:00 ROUND TABLE 1:
CRITICAL LIMB ISCHAEMIA**

08:30-08:45 How to identify patient
with CLI in diabetic and non-diabetic
population? L. ANTIGNANI (Italy)

08:45-09:00 Critical Limb ischaemia:
open or endovascular surgical
approach? N. ANGELIDES (Cyprus)

09:00-09:15 Critical limb ischaemia:
the battle has just begun CH. LIAPIS
(Greece)

09:15-09:30 Arterial injuries in
greater Cairo: Eight years' experience
E. HUSSEIN (Egypt)

09:30-09:45 Why and when open
surgery must continue for CLI?
J. F. FERNANDES (Portugal)

09:45-10:00 DISCUSSION

10:00-10:30 Lecture: The status of
Vascular Surgery in the
Mediterranean countries
N. ANGELIDES (Cyprus)

10:30-11:00 COFFEE BREAK

**11:00-12:30 ROUND TABLE 2:
ANEURYSM**

11:00-11:15 The role of hypertension
in the genesis of aortic aneurysm
PH. STYLIANOU (Cyprus)

11:15-11:30 Unanswered questions
in the treatment of abdominal aortic
aneurysms

Ch. LIAPIS (Greece)

11:30-11:45 Endovascular or open
surgical approach for ruptured AAA?
N. ANGELIDES (Cyprus)

11:45-12:00 What happens to aneurysm
sac post EVAR? E. HUSSEIN (Egypt)

12:00-12:15 Management of juxta-renal,
renal and supra-renal aortic aneurysms:
impact of endovascular technology

J. F.FERNANDES (Portugal)

12.15-13.00 DISCUSSION

13:00-15:00 LUNCH BREAK

**15:00-16:30 ROUND TABLE 3:SESSION
OF IUA SCIENTIFIC COMMITTEES**

J CAPRINI (The title to be announced)

G GEROTZIAFAS (The title to be
announced)

E KALODIKI (The title to be announced)

**16:30-17:00 COFFEE BREAK AND
VISIT TO EXHIBITION**

**17:00-18:30: JOINT SESSION WITH THE
ITALIAN SOCIETY FOR VASCULAR
INVESTIGATION**

17:00-17:15 Catheter related thrombosis:
approach to the problem L. ANTIGNANI
(Italy)

17:15-17:30 Peripherally inserted central
catheter-related thrombosis management:
role of Duplex ultrasound
E. FAVARETTO (Italy)

17:30-17:45 Thrombosis of the jugular and subclavian veins: what we do, when we have such problem
R. PARISI (Italy)

17:45-18:00 News in diagnostics of microcirculation
G. FAILLA (Italy)

18:00-18:15 The use of modern anticoagulants in general surgery
CH. ELISSEOS (Cyprus)

18:15-18:30 DISCUSSION

18:30-19:00 Lecture: The urgent need to identify patients with a significant risk for a carotid related stroke
CH. LIAPIS (Greece)

SUNDAY 30/10/2016

ROOM B

08:30-09:45 WORKSHOP ON THE TREATMENT OF SEVERE LESIONS IN THE EXTREMITIES DUE TO VASCULAR DISEASES:

G. KOULERMOU (Cyprus)

G. Koulermou is the Director of Plastic Surgery and Burn Unit of Nicosia General Hospital, Cyprus. She is a Prof of Plastic Surgery (Hons) at University of Nicosia Medical School and a foundation member of the first Breast Centre in Cyprus. She was the coordinator of the breast team at Breast Centres Network, ESO (European School of Oncology). With members of her team will analyse the theoretical background and will present (hands on deck) the latest methods for dealing with this frequent and persisting problem

09:45-10:30 NURSES LECTURES

09:45-10:00 Diagnosis of Deep Vein

Thrombosis: the experience of the Nicosia General Hospital Vascular Laboratory
K. SERGIOU, L. MICHAELIDOU, M. LOIZOU (Cyprus)

10:00-10:15 Nursing care of Ulcers of Vascular Aetiology
M. PANAYI, A. PETROU, M. CONSTANTINOY, S. TSAGKARIS (Cyprus)

10:15-10:30 Endovascular Aneurysm Repair: the nurse's role, and the Experience of the Nicosia General Hospital Catheterization Laboratory
M. DRAKOMATHIOULAKIS, A. GATIDIS (Cyprus)

10:30-11:00 COFFEE BREAK AND VISIT TO EXHIBITION



Fig 10: A view of the town of Napa



FIG 11: The magnificent beach

**11:00-12:30 ROUND TABLE. 4:
VASCULAR DISEASES IN THE
MEDITERRANEAN REGION**

PART A:

11:00-11:15 Is inflammatory arteritis s
valid in the Mediterranean context?

CL. ALLEGRA (Italy)

11:15-11:30 Pelvic congestion
Syndrome: study and prevalence in
the Mediterranean countries

L. ANTIGNANI (Italy)

11:30-11:45 Metabolic diseases: to
which extent can the Mediterranean
diet reverse them?

S. NOVO (Italy)

11:45-12:00 The erectile dysfunction
be considered as an initial sign of
atherosclerosis?

P. POREDOS (Slovenia)

12:00-12:15 The significance or
renal artery stenosis

A. PIERIDES (Cyprus)

12:15-12:30 DISCUSSION

12:30-13:00 Lecture: The evolution
of Interventional Radiology

N. CHARALAMBOUS (Cyprus)

13:00-15:00 LUNCH BREAK

**15:00-16:30 ROUND TABLE 5:
VASCULAR DISEASES IN THE
MEDITERRANEAN
REGION**

PART B

15:00-15:15 Important advances
In Genetic Techniques in the
diagnosis and management of
cardiovascular diseases

M. CARILOU (Cyprus)

15:15-15:30 Infragenicular PAOD in
Southern Mediterranean: towards an
optimal endovascular strategy

E. HUSSEIN (Egypt)

15:30-15:45 Is endovascular
management the first option in the
treatment of popliteal aneurysms?
Why not?

J. F. FERNANDES (Portugal)

15:45-16:00 The state of organ
transplantation in Cyprus: evolution and
results since 2011.

V. CHADJIANASTASIOU (Cyprus)

16:00-16:15 A specifically designed
aquatic exercise protocol to reduce
chronic lower limb oedema

SERGIO GIANESINI (Italy)

16:15-16:30 DISCUSSION

**16:30-17:00 COFFEE BREAK AND
VISIT TO EXHIBITION**



Fig 13: A romantic spot

17:00-17:30 Lecture: Title of this
lecture to be announced

J. CAPRINI (Italy)

**17:30-19:00 ROUND TABLE 6:
COMBINED CARDIAC, CEREBRAL AND
PERIPHERAL ARTERIAL DISEASE**

17:30-17:45 Secondary prevention of cardio-vascular diseases.

S. NOVO (Italy)

17:45-18:00 What are the necessary investigations from the cardiac point of view in vascular patients?

E. NICOLAIDES (Cyprus)

18:00-18:15 What is the role of 2D-echo in cardiovascular diseases?

P. AGATHANGELOU (Cyprus)

18:15-18:30 Actual perspective in the antiplatelet therapy with old and new drugs in vascular diseases.

P. POREDOS (Slovenia)

18:30-18:45 Aortic aneurysms above and below the diaphragm

N. ANGELIDES (Cyprus)

18:45-19:00 DISCUSSION

20:30 CYPRUS NIGHT



FIG 14: The beach of Ayia Napa

MONDAY 31/10/2016

ROOM A

08:30-10:00 ROUND TABLE 7: HIGHLIGHTS IN VASCULAR DISEASES

08:30-08:45 Claudication and coronary artery disease

P. POREDOS (Slovenia)

08:45-09:00 Dismetaholic Syndrome
S. NOVO (Italy)

09:00-09:15 New trends for pathophysiology and diagnosis in critical limb ischaemia

L. ANTIGNANI (Italy)

09:15-09:30 Microcirculation and tissue

C. ALLEGRA (Italy)
09:30-09:45 Endovascular femoral Stents-can we rely on a long term friendship? E. HUSSEIN (Egypt)

09:45-10:00 DISCUSSION

10:00-10:30 Lecture: Microcirculation in patients with risk factors (metabolic syndrome-hypertension), but without atherosclerotic lesions on coronary angiography.

S. NOVO (Italy)

10:30-11:00 COFFEE BREAK AND VISIT TO EXHIBITION

11:00-12:30 ROUND TABLE 8: VENOUS DISEASES

11:00-11:15 New horizons in VTE – unanswered questions

E. HUSSEIN (Egypt)

11:15-11:30 Prevention of deep vein thrombosis recurrence.

Th TYLLIS (Cyprus)

11:30-11:45 Sclerotherapy classic and creative methods and indications

L. ALTARAZI (Syria)

11:45-12:00 Treatment of varicose veins with ablation

P. PETRIDES (Cyprus)

The incidence of pelvic reflux in patients investigated for pelvic malignancy
M. BASKOVIC (Slovenia)

12:00-12:15 Why the venous drainage index is important in the investigation of obstruction?

CH. LATTIMER (United Kingdom)

12:15-12:30 DISCUSSION

12:30-13:00 Lecture : The title of this

lecture to be announced
G. GEROTZIAFAS (France)

13:00-15:00 LUNCH BREAK

**15:00-16:30 ROUND TABLE 9:
CAROTID ARTERY DISEASE**

15:00-15:15 Neurological
investigation of patients with carotid
artery occlusive disease

C. MICHAELIDES (Cyprus)

15:15-15:30 New approaches in the
investigation of cerebral atheromatous
disease

E. HERAKLEOUS (Cyprus)

15:30-15:45 From symptomatic to
asymptomatic carotid disease: How
can selection for active intervention
be improved and what treatment?

J. F. FERNANDES (Portugal)

15:45-16:00 Carotid stenosis and
stroke: new evidence to base your
practice

CH. LIAPIS (Greece)

16:00-16:15 Coexisting severe
carotid artery stenosis in patients with
severe coronary artery disease.

Which comes first?

G. KAOUTZIANIS (Cyprus)

16:15-16:30 DISCUSSION

16:30-17:00 Lecture: Buerger's
disease: does it exist again?

L. ANTIGNANI (Italy)

MONDAY 31/10/2016

ROOM B

**08:30-10:00 ROUND TABLE 10:
MISCELLANEOUS**

08:30-08:45 Prognostic value of
2D Echo examination in the
evolution of atherosclerosis

Th. TYLLIS (Cyprus)

08:45-09:00 The significance of
certain blood tests in the evolution of

Atherosclerosis

Th. TYLLIS (Cyprus)

09:00-09:15 Eight steps of a later, for
the treatment of peripheral arterial
occlusive disease

N. ANGELIDES (Cyprus)

09:15-09:30 Our experience at the
Nicosia General Hospital in
endovascular and open surgical treatment
of PAD. Ch. BEKOS (Cyprus)

09:30-09:45 Dissecting aneurysms of
the
thoracic aorta

G. KAOUTZIANIS (Cyprus)

09:45-10:00 DISCUSSION

10:00-10:30 Lecture: Management of
Lymphatic Disorders: State of the Art
and the Translational Interdisciplinary
Role of Lymphatic Microsurgery

C. CAMPISI (Italy)

**10:30-11:00 COFFEE BREAK AND
VISIT TO EXHIBITION**

**11:00-13:00 WORKSHOP ON
LYMPHOEDEMA**

Th. GIANNOUKAS (Greece), N.
ROUSAS (Greece), CH.

PAPADOPOULOU (Greece), R.
STANKOVA SALTA (Romania)

Prof. Th. Giannoukas is Chairman of the
Dept. of Vascular Surgery, University
Hospital of Larissa while Christina
Papadopoulou and Roumiana Stankova
Salta are both physiotherapists
responsible for the run of the
Lymphoedema Centre.

The program will be presented
by Dr N. Rousas. Dr Rousas is a
Vascular Surgeon at the Department of
Vascular Surgery and the supervisor
of the Lymphoedema Centre at the
University Hospital of Larissa
The Workshop covers the theoretical and
practical background of lymphoedema.

13:00-15:00 LUNCH BREAK

15:00-15:30 Lecture: Hybrid revascularization procedures in chronic arterial disease
Th. GIANNOUKAS (Greece)

15:30-16:00 Lecture: Metabolic Syndrome and polyvascular peripheral arterial disease: The Cyprus experience
N. ANGELIDES (Cyprus)

16:00-16:30 Lecture: Proximal tear of type B aortic dissections: seal or let it be?
J. ZHAO (China)

16.30-17.00 Transcutaneous ND : YAG laser for the treatment of telangiectasia and spider veins
L. ALTARAZI (Syria)

17:00-17:30 Lecture: Medical management of carotid artery stenosis. When and how?
A. VISSONA (Italy)

17.30-18.00
CLOSING REMARKS (ROOM A)
N. ANGELIDES (Cyprus)
President MLAVS



Fig 15: By the sea



FIG 16: The main square of Napa by night



FIG 17: The small harbour by night

Future MLAVS Congresses

XXVII MLAVS Congress
8-11 of Feb 2017 in Aswan Egypt.
President: Prof E. Hussein

XXVIII MLAVS Congress
2018 in Palermo.
President: Prof S, Novo

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